

## **Increasing Intimacy Process Group for Women**



Help reignite passion, connection, communication, and desire between you and your partners.

This group is a place for women to explore relationship challenges and strengths.

- Do you want to gain and maintain more intimacy?
- Do you want to increase desire and experience more pleasure?
- The group facilitator is a sex therapist and sexual health educator, and is trained in attachment theory and mindfulness.

**Fridays 5:30pm-7:00pm**  
**\$50/session (minimum 4-week commitment)**

For more information or to sign up, please contact:  
**Sandra Koellmann, MSW**  
Registered Associate Clinical Social Worker (86201)  
Supervised by Jennifer Rehor LMFT (94564)  
[Sandra@AffirmingTherapyCenter.com](mailto:Sandra@AffirmingTherapyCenter.com)  
Phone: 619.895.6023

Affirming Therapy Center  
3914 Murphy Canyon Road, Suite A201  
[www.AffirmingTherapyCenter.com](http://www.AffirmingTherapyCenter.com)